



CPR First Aid

📍 Suite 18, 47-51 Little Boundary Rd
Laverton North VIC 3026

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22556VIC Course in the Management of Asthma Risks and Emergencies in the Workplace

Course Information:

- This course is an approved asthma management course by the Australian Children's Education & Care Quality Authority ACECQA, and is accredited by DEECD. It supersedes course code 22024VIC.
- There are no pre-requisites for entry to this first aid course. However, there is a requirement to complete theory prior to attending your class.
- This course is designed to train participants to deal with asthma attacks in a range of situations including childcare centres, schools, public places, workplace and sporting events.
- This course is highly recommended to anyone working or caring for children or those at high risk to asthma

Award Issued:

- Participants assessed as being competent in all assessments will receive a **Statement of Attainment** in 22556VIC **Course in the Management of Asthma Risks and Emergencies in the Workplace**

Course Requirements:

- All clients completing this course must have moderate English. All clients will need to complete a few scenarios at the beginning of the class to ensure effective communication.

Course Duration:

- 1.5 hours express assessment at your workplace.
- 1-2 hours pre-course online home study is required.

Training Delivery:

- In your practical component you will need to complete a theory test (all multiple choice questions) and practical exercises, you will be assessed by your trainer and have to be marked as competent to pass for your qualification.
- Pre-course theory must be completed prior to attending your class. Failure to complete theory may result in exclusion from the course and forfeiture of fees.
Practical exercises are completed in groups or pairs, where possible we try to pair the same gender however there may be times when you are required to be paired with the opposite gender.



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VU21658 - Manage asthma risks and emergencies in the workplace

Essential Skills (Practical Session)

- Develop risk minimisation strategies for the emergency management of asthma in accordance with legislative, regulatory and workplace requirements
- Plan for contingencies
- Assess emergency situations
- Control the situation according to established first aid principles prior to management of the asthma episode
- Apply first aid skills in accordance with emergency response procedures and medical action plans
- Apply effective communication skills in dealing with the asthma casualty and sources of emergency assistance
- Convey the casualty's details to emergency services
- Comply with the workplace's incident recording requirements
- Respond appropriately to challenging situations recognising the psychological impacts of medical emergencies on individuals
- Follow workplace debriefing policies/procedures
- Contribute to the evaluation of responses to an incident in accordance with workplace policies and procedures
- Maintain accurate records

Essential Knowledge (Online Theory & Practical Session)

- Composition and essential components of an Asthma Management Plan
- Relevant workplace policies/procedures for the management of an asthma emergency
- Guidelines of Asthma peak bodies
- Risk management and minimisation strategies contextualised to the specific workplace environment
- Environmental hazard identification and minimisation
- Requirements in some workplaces for Police Checks and/or Working with Children Checks
- State/Territory regulatory requirements for asthma management relevant to workplace contexts
- Signs and symptoms of asthma - mild/moderate, severe and life-threatening
- Potential consequences of an asthma episode
- Common allergic and non-allergic asthma triggers
- First aid principles and procedures for the emergency management of asthma; including individual Asthma Action Plans
- Common asthma medication and equipment
- Sources of medical assistance, such as: designated first aiders/first aid officers, general practitioners, ambulance
- Workplace's debriefing policies/procedures
- State/territory regulations, first aid codes of practice and workplace requirements for refresher training to maintain currency of competence